

GROUPS STUDY GUIDE

Why Would I Prepare BEFORE My Lighthouse Group?

Reading, thinking, and praying about the primary passage your Lighthouse Group is studying ahead of time may be one of the most pivotal ways to make your Lighthouse Group discussions powerful and meaningful. When you do prepare beforehand, you're coming with thoughtful insights and ideas you've been wrestling through. That's different from grabbing at the most accessible thoughts in real time.

How Do I Prepare BEFORE My Lighthouse Group?

1 | PRAY

Ask God to open your eyes, mind, and spirit to His truth. Your desire is not to "get the right answer," but rather to know Him as He has revealed Himself so that you can trust and rely on Him more fully.

2 | READ

Read the main passage. Consider reading the same passage in multiple versions, like ESV, NIV, AMP, and NLT. All of these can be found at BibleGateway.com. For better context, read the paragraphs before and after the study passage as well.

3 | REFLECT

What does this passage teach you about God? Maybe something to praise Him for? Does this passage reveal an area of your life you should confess as sin to God? What does this passage lead you to ask God for? How does this passage point to Jesus' work on the cross and out of the grave? Think through some of the questions you'll be discussing during your Lighthouse Group time.

4 | WRITE

This is when you cross over from reading into study – writing down truth that you are discovering. Write down questions that come to mind as you are reading. We've included space on the next page of this guide for you to write down insights, questions, and more that you can bring up in your Lighthouse Group discussion time.

PREP BEFORE GROUP

PRIMARY PASSAGE: ROMANS 6:15–23

WRITE YOUR INSIGHTS & QUESTIONS

ADDITIONAL CROSS-REFERENCES: Psalm 51:5;

John 8:31–36; Romans 6:1–14; 1 Peter 4:1–2.

DISCUSSION GUIDE

For the week of: February 2–8, 2026

1 | PRAY: Ask the Holy Spirit to lead your group in truth and spiritual growth.

2 | WARM-UP QUESTION: What does it mean to be “under the law”? “Under grace”? Who is under the law? Who is under grace?

3 | READ ROMANS 6:15–23

Once you’ve read the passage, close your Bibles and ask the group to rephrase what Paul is trying to explain. Invite everyone to join in by asking, “What does he say we were all slaves to?” and “Can a person ever be set free from slavery?” and “What is the result of being a slave to sin?” and etc.

4 | OBSERVATION QUESTIONS

What causes a person to be a slave to sin? How can a person be freed from that?

Does serving sin ever result in any real good?

What’s the difference between how we get wages, and how we acquire a gift, v. 28?

5 | TRUTH QUESTIONS

What is this “teaching” Paul’s talking about in v. 17? Can it be truly obeyed if not “from the heart”?

In v. 18, what does it mean to give/offer your selves/body parts, either to sin or to righteousness? Does this just mean our arms, legs, etc., or does it include our minds?

Could a literal slave in Paul’s day choose to leave one master to serve another any time he wanted? Unless he was legally sold, would his first master still own him no matter who he preferred to serve?



6 | APPLICATION QUESTIONS

Does it bother you when the Bible says you're always a slave to something, whether sin or righteousness?

If you've come to faith in Christ, do you find it difficult to break away from old ways of thinking and doing things? Why might that be?

Do you have the ability to choose which master you'll offer yourself to? How does that work?

7 | CLOSING PRAYER

Based on our discussion, how should we pray? Does someone have a hard time understanding how this passage applies to them in their life? Is someone struggling to leave their old "master" behind?

NEXT STEPS AFTER GROUP



1 | SCRIPTURE FOCUSED

- Verse to Memorize
- Other Passages to Read

2 | PRAYER FOCUSED

- How can you pray for people in your group this week?
- Is the Holy Spirit speaking to you about something you need to repent of and turn over to Jesus?
- How are you going to respond to this truth and put it into action?

3 | OTHERS FOCUSED

- Did anyone in your group share a need that you might be gifted to help with?
- Consider inviting a friend from group to meet up for a meal or a hang-out time.
- Is the Holy Spirit bringing someone to mind with whom you can share the things you've learned today?

